



Is your high blood pressure well managed?

Scan the QR code for your no-cost blood pressure health assessment

Approximately 60% of adults with high blood pressure do not have their condition under control. But high blood pressure increases the risk of heart attack and stroke, two leading causes of death for Americans.

If you are 18 years or older and want to find out where you stand, take your personalized health survey. In 5 to 10 minutes, you will get an assessment of next steps you can take to improve your health, including customized education and connection to care you may need. Just scan the QR code to get started!